

# Trumpet Solo Class Lecture #3

## “How to Practice”

### Dr. Mark Ponzo

#### **Practice sessions**

Warm up/Routine  
Review/Etude Material  
New Literature

#### **Schedule your time**

Practice in short (1-1 ½ hour) blocks  
Spread out your sessions through out the day  
Be careful to avoid concentrated practice when you are tired  
Warm up before your classes start

#### **Technique Sheet**

List all the aspects of playing  
Address specific elements each day, alone or in combination  
Keep track of everything that you practice

#### **Literature Sheet**

New material - lesson assignment  
Convocation/Recital materials  
Ensemble music  
Keep track of lesson/convocation/recital/performance responsibilities

#### **What to Consider when you Practice**

Once you have a plan of when to practice and what to practice, you must determine which elements you are going to focus on during each segment of your practice.

Musical analysis leads to a better understanding of the techniques required to play the piece and the composer's intent.

Develop your own technical exercises to overcome musical requirements.

Use a metronome, tuner and tape recorder each day.

Have a clear outline of what you want to accomplish and how to do it. Set small goals, achieve them and then the process of practicing will be more rewarding.

Do not practice by watching the clock. Try to work in blocks of time, not in the number minutes.